

ABC

As concerns grow about the spread of COVID-19 (Coronavirus), please be assured we are working throughout our Company, and with local, national and international health agencies for up-to-date information and practical guidance. Our priority is the health and safety of our employees and everyone working on our productions.

The situation remains unpredictable and fluid, but there are preventative and practical means that health officials are recommending people regularly use to care for themselves.

- **If you're sick, STAY HOME.** In particular, if you have a fever, you are considered contagious for at least 24 hours so you should stay home until you have not had a fever for at least 24 hours without the use of anti-fever medications like Tylenol or ibuprofen. If you will miss work due to illness, please notify your management supervisor or the appropriate production executive.
- Frequently wash your hands for at least 20 seconds with soap and water
- Clean and disinfect frequently touched objects and surfaces using regular household cleaning sprays or wipes
- Avoid touching your face
- Avoid contact with people who are sick
- Common sense behaviors like avoiding hand-shakes and hugs are helpful, too
- If you sneeze or cough, do so into your elbow rather than your hands

Dr. Jen Ashton, ABC News' Chief Medical Correspondent, has been keeping viewers apprised of the COVID-19 developments and offers these [practical medical insights](#). You can also find recommendations and important health tips from the [U.S. Centers for Disease Control](#). We suggest taking these steps and precautions to maintain healthy environments.”