

# **EMERGENCY RESOURCES**

## **Wildfire Updates**

### **AirNow Air Quality Monitoring**

<https://www.airnow.gov/>

### **Cal FIRE Updates**

<https://www.fire.ca.gov/>

### **CalTrans**

Quick map

<https://quickmap.dot.ca.gov/>

### **City of LA Emergency Alerts**

Register for emergency alerts at

<https://emergency.lacity.gov/alerts/notifyla>

<https://x.com/ReadyLA>

### **Genasys Protect Evacuation Maps**

<https://protect.genasys.com/search?z=14&latlon=2.842170943040401e-14%2C-122.22856388725677>

### **LA County Emergency Alerts**

Sign up for real-time updates at

<https://ready.lacounty.gov/emergency-notifications/>

<https://x.com/ReadyLACounty>

### **LA County Fire**

<https://x.com/LACoFDPIO>

### **LA County Public Works**

Road Closures

<https://pw.lacounty.gov/roadclosures/>

### **LADWP Outages**

<https://www.ladwp.com/outages/power-outage-map>

### **LAFD**

Alerts

<https://lafd.org/alerts>

<https://x.com/LAFD>

**LA Metro**

Alerts and Advisories

<https://alerts.metro.net/>

**LAUSD School Closures**

<https://www.lausd.org/schoolupdates>

**SoCal Edison Outages**

<https://www.sce.com/outage-center/check-outage-status>

**SoCal Gas Shut Offs**

<https://www.socalgas.com/fires>

**Watch Duty Wildfire App**

Real-time updates on wildfire status, including air drops

<https://watchduty.org>

## **Housing/Shelter**

### **Local 80**

Local 80 has opened their stage at 2520 West Olive Ave., Burbank, CA 91505 as a relief shelter. If you are affected by local fires, call 818-526-0700 for information.

### **211LA**

Fill out a form to be notified of available temporary housing through AirBNB:

<https://care.211cs.org/public-survey/86c5adf88e2a29c103df24ba5f48cd3f6cf9a9171207a15954dbb8b9649429f0>

### **American Red Cross**

Find open shelters by visiting <https://www.redcross.org/> or calling 1-800-RED-CROSS.

### **LA County Animal Care and Control**

Offering shelter and resources for displaced pets and livestock

Call 661-940-4191

### **MALAN- Mutual Aid LA Network Resources (Human and Animal Shelters)**

[https://docs.google.com/spreadsheets/d/1KMk34XY5dsvVjAoD2mQUVHYU\\_Ib6COz6jcGH5uJWDY/htmlview?gid=0#gid=0](https://docs.google.com/spreadsheets/d/1KMk34XY5dsvVjAoD2mQUVHYU_Ib6COz6jcGH5uJWDY/htmlview?gid=0#gid=0)

### **Emergency Shelters**

-West LA

Westwood Recreation Center - 1350 Sepulveda Blvd. Los Angeles, CA 90025

-West San Fernando Valley

El Camino Real Charter High School - 5440 Valley Circle Blvd. Woodland Hills, CA 91367

-East San Fernando Valley / Pasadena

Pasadena Civic Center - 300 East Green Street, Pasadena 91101

-Ritchie Valens Recreation Center:

10736 Laurel Canyon Blvd, Pacoima, CA 91331

-Sepulveda Recreation Center:

8825 Kester Avenue, Panorama City, CA 91402

-Stoner Recreation Center:

1835 Stoner Ave, Los Angeles, CA 90025

310-479-7200

-Woodland Hills Recreation Center:

5858 Shoup Ave, Woodland Hills, CA 901367

818-883-9370

### **Small Animal Evacuation Shelters**

Agoura Animal Care Center: 29525 Agoura Rd, Agoura Hills

Baldwin Park Animal Care Center: 4275 Elton St, Baldwin Park

Carson Animal Care Center: 216 W Victoria St, Gardena  
Castaic Animal Care Center: 31044 Charlie Canyon, Castaic  
Downey Animal Care Center: 11258 Garfield Ave, Downey  
El Camino High School: 5440 Valley Circle Blvd, Woodland Hills  
Lancaster Animal Care Center: 5210 W Ave I, Lancaster  
Palmdale Animal Care Center: 38550 Sierra Hwy, Palmdale  
SPCA LA: 5026 W. Jefferson Blvd., Los Angeles

### **Dogtopia of East Pasadena**

3 free overnight stays for pups from displaced families and 50% discount afterwards  
(626) 699-8577

### **Large Animal Evacuation Shelters**

- L.A. Equestrian Center- Check capacity  
480 Riverside Drive, Burbank, CA 91506
- Hansen Dam Horse Park:  
11127 Orcas Ave, Hansen Dam, CA 91342
- Pan Pacific Recreational Center: 7600 Beverly Blvd, LA, CA 90036
- El Camino Real Charter High School: 5440 Valley Circle Blvd., Woodland Hills, CA 91367
- Pomona Fairplex, 1101 W McKinley Ave, Pomona, CA 91768 (accepts horses)
- Arcadia Community Center, 375 Campus Drive, Arcadia, CA 91007

## **Health/Mental Health**

### **Bounce Back Now**

Free emotional health app

<https://www.bouncebacknow.org/>

(En Español)

<https://www.bouncebacknow.org/es/>

### **CalHOPE**

Coping resources for all ages

<https://www.calhope.org/>

Warmline

833-317-4673 Connects callers with peer counselors

### **Center for the Study of Traumatic Stress at the Uniformed Services University**

Sustaining the Psychological Well-Being of Caregivers While Caring for Disaster Victims

[https://www.cstsonline.org/assets/media/documents/CSTS\\_FS\\_Sustaining\\_Psychological\\_Wellbeing\\_of\\_Caregivers\\_While%20Caring%20%20for%20Disaster%20Victims.pdf](https://www.cstsonline.org/assets/media/documents/CSTS_FS_Sustaining_Psychological_Wellbeing_of_Caregivers_While%20Caring%20%20for%20Disaster%20Victims.pdf)

Safety, Recovery and Hope after Disaster: Helping Communities and Families Recover

[https://www.cstsonline.org/assets/media/documents/CSTS\\_FS\\_Safety,%20Recovery%20and%20Hope%20after%20Disaster%20Helping%20Communities%20and%20Families%20Recover.pdf](https://www.cstsonline.org/assets/media/documents/CSTS_FS_Safety,%20Recovery%20and%20Hope%20after%20Disaster%20Helping%20Communities%20and%20Families%20Recover.pdf)

Leadership Communication: Anticipating and Responding to Stressful Events

[https://www.cstsonline.org/assets/media/documents/CSTS\\_FS\\_Leadership\\_Communication\\_Anticipating\\_Responding\\_to\\_Stressful\\_Events.pdf](https://www.cstsonline.org/assets/media/documents/CSTS_FS_Leadership_Communication_Anticipating_Responding_to_Stressful_Events.pdf)

### **Crisis Text Line**

Free 24/7 texting with volunteer crisis counselors

Text LA to 741741

### **EPA**

Wildfire Smoke Factsheet: Protecting Children from Wildfire Smoke and Ash

<https://www.airnow.gov/sites/default/files/2021-07/pehsu-protecting-children-from-wildfire-smoke-and-ash-factsheet.pdf>

### **LA County DPH**

List of reserouces

<https://dmh.lacounty.gov/our-services/disaster-services/disaster-mh-resources/>

Listen Protect Connect - Psychological First Aid for Children and Families

[https://www.ready.gov/sites/default/files/documents/files/LPC\\_Booklet.pdf](https://www.ready.gov/sites/default/files/documents/files/LPC_Booklet.pdf)

### **MPI Mental Health**

Emotional Wellbeing Assistance Line

(866) 248-4094 Speak with reps 24/7 who can assist you, can also receive 5 free counseling sessions at no cost to you.

Supportive Services Intake Line

For those under 65: 323-634-3888. For those 65 or over: 323-634-3866 Provides both counseling services and financial assistance for industry members in need.

### **National Child Traumatic Stress Network**

#### **National Child Traumatic Stress Network**

Parent Guidelines for Helping Children Impacted by Wildfires

<https://www.nctsn.org/resources/parent-guidelines-helping-children-impacted-wildfires>

Guía para Padres con Hijos Que Han Sido Afectados Por Los Incendios (En Español)

<https://www.nctsn.org/resources/guia-para-padres-con-hijos-que-han-sido-afectados-por-incendios>

Wildfires: Tips for Parents on Media Coverage

<https://www.nctsn.org/resources/wildfires-tips-parents-media-coverage>

Incendios: Recomendación para Padres en Cobertura de Noticias (En Español)

<https://www.nctsn.org/resources/los-incendios-y-su-cobertura-en-las-noticias-recomendaciones-para-los-padres>

Simple Activities for Children and Adolescents

<https://www.nctsn.org/resources/simple-activities-children-and-adolescents>

Trinka and Sam: The Big Fire

e-book for young children

<https://www.nctsn.org/resources/trinka-and-sam-big-fire>

Trinka y Sam: El Gran Fuego

Libro Digital para Niños (En Español)

<https://www.nctsn.org/resources/trinka-y-juan-el-gran-fuego-spanish>

Helping Youth After a Community Trauma: Tips for Educators

<https://www.nctsn.org/resources/helping-youth-after-community-trauma-tips-educators>

Ayuda para Jóvenes Después de un Trauma Comunitario (En Español)

<https://www.nctsn.org/resources/helping-youth-after-community-trauma-tips-educators-sp>

Talking to Children: When Scary Things Happen

<https://www.nctsn.org/resources/talking-to-children-when-scary-things-happen>

Hablando con Niños: Cuando Cosas Aterrorizantes Suceden (En Español)

<https://www.nctsn.org/resources/talking-to-children-when-scary-things-happen-sp>

Creating Supportive Environments: When Scary Things Happen

<https://www.nctsn.org/resources/creating-supportive-environments-when-scary-things-happen>

Crear Ambiente de Apoyo: Cuando Cosas Aterrorizantes Suceden (En Español)

<https://www.nctsn.org/resources/creating-supportive-environments-when-scary-things-happen-sp>

After a Crisis: Helping Young Children Heal

<https://www.nctsn.org/resources/after-crisis-helping-young-children-heal>

Después de un Crisis: Ayudar a los Jóvenes Sanar (En Español)

<https://www.nctsn.org/resources/after-crisis-helping-young-children-heal-sp>

Age-Related Reactions to a Traumatic Event

<https://www.nctsn.org/resources/age-related-reactions-traumatic-event>

Reacciones a Eventos Traumáticos De Acuerdo a La Edad (En Español)

<https://www.nctsn.org/resources/age-related-reactions-traumatic-event-sp>

Helping Teens with Traumatic Grief: Tips for Caregivers

<https://www.nctsn.org/resources/helping-teens-traumatic-grief-tips-caregivers>

Ayudando a Jóvenes Con un Duelo Traumático: Consejo para Padres (En Español)

<https://www.nctsn.org/sites/default/files/resources/tip-sheet/helping-teens-with-traumatic-grief-for-caregivers-sp.pdf>

Helping School-Age Children with Traumatic Grief: Tips for Caregivers

<https://www.nctsn.org/resources/helping-school-age-children-traumatic-grief-tips-caregivers>

Ayudando a Niños Con un Duelo Traumático: Consejo para Padres (En Español)

<https://www.nctsn.org/resources/helping-school-age-children-traumatic-grief-tips-caregivers-sp>

Helping Young Children with Traumatic Grief: Tips for Caregivers

<https://www.nctsn.org/resources/helping-young-children-traumatic-grief-tips-caregivers>

Ayudando a Niños Pequeños Con un Duelo Traumático: Consejo para Padres (En Español)

<https://www.nctsn.org/resources/helping-young-children-traumatic-grief-tips-caregivers-sp>

Once I Was Very Very Scared

children's book for young children

<https://piploproductions.com/stories/once/>

Una Vez Tuve Mucho Mucho Miedo

Libro para Niños Pequeños (En Español)

<https://piploproductions.com/nuestros-cuentos/una-vez/>

Psychological First Aid (PFA)

PFA is an early intervention to support children, adolescents, adults, and families impacted by these types of events

<https://www.nctsn.org/resources/psychological-first-aid-pfa-field-operations-guide-2nd-edition>

Primeros Auxilios Psicológicos

Intervención para ayudar a niños, adolescentes, adultos, y familias impactadas por estos tipos de eventos (En Español)

<https://www.nctsn.org/resources/primeros-auxilios-psicologicos-guia-de-operaciones-practicas-2da-edicion>

PFA Wallet Card

Provides a quick reminder of the core actions

<https://www.nctsn.org/resources/psychological-first-aid-pfa-wallet-card>

Cartera de Primeros Auxilios

Recordatorio inmediato de acciones primarias (En Español)

<https://www.nctsn.org/resources/psychological-first-aid-pfa-wallet-card-sp>

PFA online training course

<https://www.nctsn.org/resources/psychological-first-aid-pfa-online>

Primeros Auxilios Curso en Linea (En Español)

<https://www.nctsn.org/resources/pfa-online-sp>

Parent Tips for Helping Infants and Toddlers

<https://www.nctsn.org/resources/pfa-parent-tips-helping-infants-and-toddlers-after-disasters>

Consejo para Padres en Ayudar a Infantes y Niños Pequeños (En Español)

<https://www.nctsn.org/resources/pfa-consejos-para-padres-como-ayudar-bebes-y-ninos-pequenos>

Parent Tips for Helping Preschoolers

<https://www.nctsn.org/resources/pfa-parent-tips-helping-preschool-age-children-after-disasters>

Consejo para Padres en Ayudar a Niños Infantiles (En Español)

<https://www.nctsn.org/resources/pfa-consejos-para-padres-como-ayudar-ninos-de-edad-preescolar>

Parent Tips for Helping School-Age Children

<https://www.nctsn.org/resources/pfa-parent-tips-helping-school-age-children-after-disasters>

Consejo para Padres en Ayudar a Niños Pequeños (En Español)

<https://www.nctsn.org/resources/pfa-consejos-para-padres-como-ayudar-ninos-de-edad-escolar>

Parent Tips for Helping Adolescents

<https://www.nctsn.org/resources/pfa-parent-tips-helping-adolescents>

Consejo para Padres en Ayudar a Adolescentes (En Español)

<https://www.nctsn.org/resources/pfa-consejos-para-padres-como-ayudar-adolescentes>

Tips for Adults

<https://www.nctsn.org/resources/pfa-tips-adults>

Consejos para Adultos (En Español)

<https://www.nctsn.org/resources/pfa-consejos-para-adultos>

Skills for Psychological Recovery (SPR)

For community and mental health providers who plan to continue working with affected communities long-term

<https://www.nctsn.org/resources/skills-for-psychological-recovery>

Recuperación Psicológica

Para la comunidad y ayuda mental para continuar trabajando en comunidades afectadas a largo plazo (En Español)

<https://www.nctsn.org/resources/skills-for-psychological-recovery-sp>

SPR Online course

<https://www.nctsn.org/resources/skills-psychological-recovery-spr-online>

Help Kids Cope

<https://apps.apple.com/us/app/help-kids-cope/id1069028637>

<https://play.google.com/store/apps/details?id=nctsn.helpkidscope&pli=1>

PFA Mobile

<https://apps.apple.com/us/app/pfa-mobile/id551079424?ls=1>



<https://play.google.com/store/apps/details?id=org.nctsn.pfa.mobile>

Preparing Children After a Wildfire Damages Your Community

<https://www.nctsn.org/resources/preparing-children-after-a-wildfire-damages-your-community>

### **SAMHSA**

Disaster Distress Helpline

Call or text 1-800-985-5990 (for Spanish, press “2”) to be connected to a trained counselor 24/7/365.

Behavioral Health Disaster Response App

<https://store.samhsa.gov/product/samhsa-disaster-mobile-app/pep13-dkapp-1>

### **Supporting Firefighter Families**

This app is intended for use by spouses and family members of firefighters who are interested in learning how to support their firefighter and care for themselves and their family through difficult times.

<https://cffbh.org/App>

### **Teladoc**

Free 24/7 telehealth for any non-emergency illnesses, including those who need help getting authorizations for non-narcotic medications.

<https://www.teladochealth.com/info/disaster-hotline>

### **Vetster**

Free telehealth for pets for up to 500 animals through Jan. 23

<https://vetster.com/en-us/support>

## **Financial Assistance**

### **California Department of Insurance**

Insurance Support Workshop  
10 AM – 5 PM Saturday January 18, 2025  
10 AM – 1 PM Sunday January 19, 2025  
Santa Monica College  
Performing Arts Center East Wing  
1310 11<sup>th</sup> Street  
Santa Monica, CA 90401  
Call (800) 927-4357 to schedule an appointment

### **Entertainment Community Fund**

<https://entertainmentcommunity.org/CAFires>  
Offers financial assistance for disaster relief  
<https://entertainmentcommunity.org/am-i-eligible-help>

### **Federal Disaster Assistance Resources (FEMA)**

<https://www.disasterassistance.gov/> or 1800-621-3362

### **IATSE Walsh/Di Tolla/Spivak Foundation Disaster Relief**

<https://iatse.net/take-action/disasterresponse/>

### **LA Fed Labor Community Services**

Can assist with first and last-month rental assistance and help find permanent, long-term housing (cannot assist with deposits). Can also assist with rental, mortgage, or utility assistance.

Fill out intake form

<https://docs.google.com/forms/d/e/1FAIpQLSfToMjzqeTqF7GVEpPGFfyGUfWzoZNk3B1le7Zit820Bs2Xcw/viewform> or email Marcos Juan [marcos@lcs-la.org](mailto:marcos@lcs-la.org)

### **MPTF**

Offers financial assistance for disaster relief, fire-related intake calls will be prioritized. Call the MPTF intake line at (323) 634-3888, an MPTF social worker will return calls within 24 hours.

### **Union Plus**

Offers financial assistance grants for disaster-relief to its members.  
[www.unionplus.org](http://www.unionplus.org)

## **Other Emergency Resources**

### **The Abbey West Hollywood**

Offering free meals to evacuees and first responders

### **AT&T**

Unlimited talk, text and data through Feb. 6

### **Babyletto**

Offering free replacement cribs. Families in need can claim this offer by contacting the brand directly at [info@babyletto.com](mailto:info@babyletto.com)

### **Be U Vietnamese Restaurant**

Free meals for fire evacuees and first responders  
557 N Hoover St, Los Angeles, CA 90004

### **Cal-FIRE**

Evacuation Guide

<https://readyforwildfire.org/prepare-for-wildfire/go-evacuation-guide/>

Go-Bag Guide

<https://www.calfireprevention.org/what-to-keep-under-your-bed/>

### **Calico Fish House**

Offering to feed evacuees and let them camp out in the restaurant's parking lot  
16600 Pacific Coast Hwy, Huntington Beach, CA 92649

### **City of LA**

Resource Guide

[https://mayor.lacity.gov/news/city-los-angeles-announces-preparedness-measures-ahead-anticipated-dangerous-](https://mayor.lacity.gov/news/city-los-angeles-announces-preparedness-measures-ahead-anticipated-dangerous-windstorm?fbclid=IwZXh0bgNhZW0CMTAAR3SI3bZ3ygLZrd9dq9NEGTYR-Donr69c2CY1e-7QIMiLsgn_37oG8wMdPc_aem_XUO0yhZhB3q84c-ekDOasA)

[windstorm?fbclid=IwZXh0bgNhZW0CMTAAR3SI3bZ3ygLZrd9dq9NEGTYR-Donr69c2CY1e-7QIMiLsgn\\_37oG8wMdPc\\_aem\\_XUO0yhZhB3q84c-ekDOasA](https://mayor.lacity.gov/news/city-los-angeles-announces-preparedness-measures-ahead-anticipated-dangerous-windstorm?fbclid=IwZXh0bgNhZW0CMTAAR3SI3bZ3ygLZrd9dq9NEGTYR-Donr69c2CY1e-7QIMiLsgn_37oG8wMdPc_aem_XUO0yhZhB3q84c-ekDOasA)

Resources for seniors

<https://lacity.gov/residents/community-assistance/senior-services>

### **Crunch Fitness**

Showers, wifi, and phone charging for all

<https://www.crunch.com/locations>

### **Everytable**

Providing free meals to first responders until Jan. 12.

### **Fatburger**

Via its food truck, the “Fatmobile,” will be serving up 10,000 meals at first responder sites and shelters

### **GoodRx**

Offering free telehealth visits for Angelenos in need

### **LA County Resource Guide**

<https://lacounty.gov/emergency/>

### **LAFD**

Evacuation Guide

<https://lafd.org/ready-set-go>

Quick Evacuation Check List

<https://lafd.org/quick-evacuation-tips>

### **LA Regional Food Bank**

Food Resource Guide

<https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf>

### **Lyft**

Free rides for evacuees

Code “CAFIRERELIEF25”

### **Mountain Mike’s Pizza**

Pasadena 4location will be offering free meals and a place to rest to first responders.

### **Pie Free Pizza**

Free pizza for evacuees and people in need.

Call (626) 541-0051 to coordinate

### **Planet Fitness**

Free access to showers, electrical outlets and wi-fi (locations throughout LA County).

Access available 24/7 regardless of membership status.

### **The Queen Mary Hotel**

Offering rooms for fire evacuees at \$189. The reservation includes a voucher for a breakfast buffet for two people. Pet and Historical Preservation fees have also been waived.

### **Shake Shack**

Offering evacuees free Shackburgers at any location across the county. The deal will be valid until Sunday.

### **Sizzler**

Locations in Van Nuys, Los Feliz, Palmdale and Fox Hills are offering free meals to first responders and evacuees

### **T-Mobile**

Free voice, text, and data in affected areas through January 15

Free wifi and device charging in select T-Mobile locations

<https://www.t-mobile.com/news/network/t-mobile-stands-prepared-as-wildfires-impact-southern-california>

### **UBER**

Free rides for evacuees

Code "WILDFIRE25"

### **UFC Gym**

offering residents, first responders and others affected by the wildfires free access to locker rooms, showers, recovery services, electrical outlets, Wi-Fi and more until the end of January.

### **U-Haul**

Opening its facilities across Southern California for 30 days of free self-storage to victims. The U-Box container disaster relief program is also available to assist evacuees and affected families.

### **Verizon**

Free call, text and data

Free wifi and charging stations in shelters

### **World Central Kitchen**

Relief team in near Eaton Fire to feed first responders and families.

### **YMCA LA**

Offering free showers and access at all their locations

## **RECOVERY RESOURCES**

### **California Department of Insurance Wildfire Resources & Recommendations**

<https://www.insurance.ca.gov/01-consumers/140-catastrophes/WildfireResources.cfm>

### **LA County**

Safe Clean-Up After Fire

<http://publichealth.lacounty.gov/media/wildfire/>

### **LA County Assessor Disaster Relief**

<https://assessor.lacounty.gov/tax-relief/disaster-relief>

### **Red Cross Disaster Action Team**

Disaster Action Team volunteers travel to the disaster site, assess the scope of the disaster, and if necessary, work with the victims to identify and meet the immediate needs of the displaced residents. A well-stocked Red Cross response vehicle contains blankets, water, snacks and toiletry kits for the comfort of the clients. Diapers, formula, and plush toys are also available for infants and children.

Call 800-675-5799, the hotline is staffed 24 hours a day, 7 days a week.

### **United Policyholders**

Non-profit organization that assists individuals with navigating their insurance policies and filing claims

<https://uphelp.org/disaster-recovery-help/2025cawildfires/>

## **VOLUNTEER OPPORTUNITIES**

### **American Red Cross**

<https://www.redcross.org/local/california/los-angeles/volunteer.html>

### **LA Regional Food Bank**

<https://www.lafoodbank.org/volunteer/>

### **LA Works**

<https://www.laworks.com/2025fires>